

YALE-BROWN OBSESSIVE COMPULSIVE SCALE (Y-BOCS)

Patient's name Sample, Patient

Date 2014/03/05

Item	None	Mild	Moderate	Severe	Extreme
1. Hours/day spent on obsessions	0	0 to 1	>1 to 3	>3 to 8	>8
Score	0	1	2	3	4
2. Interference from obsessions	None	Mild	Definite but manageable	Impaired	Incapacitating
Score	0	1	2	3	4
3. Distress from obsessions	None	Mild	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
4. Resistance to obsessions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
5. Control over obsessions	Complete control	Much control	Moderate control	Little control	No control
Score	0	1	2	3	4
Obsession Subscale (0–20)					10
6. Hours/day spent on compulsions	0	0 to 1	>1 to 3	>3 to 8	>8
Score	0	1	2	3	4
7. Interference from compulsions	None	Mild	Definite but manageable	Impaired	Incapacitating
Score	0	1	2	3	4
8. Distress from compulsions	None	Mild	Moderate but manageable	Severe	Near constant, disabling
Score	0	1	2	3	4
9. Resistance to compulsions	Always resists	Much resistance	Some resistance	Often yields	Completely yields
Score	0	1	2	3	4
10. Control over compulsions	Complete control	Much control	Moderate control	Little control	No control
Score	0	1	2	3	4
Compulsion Subscale (0–20)					7
Total Score (0–40)					17
Comments:					
Date:	<u>2014/02/24</u>				
Total previous score:	<u>23</u>				

Range of severity: 0–7 Subclinical 8–15 Mild 16–23 Moderate 24–31 Severe 32–40 Extreme
 Ratings include observations during interviews as well as average occurrence for each item during the last 7 days.

Source. Adapted with permission from Wayne K. Goodman, M.D. Goodman WK, Price LH, Rasmussen SA, et al.: "The Yale-Brown Obsessive Compulsive Scale." Arch Gen Psychiatry 46:1006–1011, 1989.

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